




LENT & EASTER 2019

St Mary's Sanderstead & St James' Riddlesdown

"I came so that
you may have
life —  —
and live it
more
abundantly."

John 10:10



Dear Friends,

As we embark on the 40 days of Lent we are invited to seek a conversion—a change of heart and repentance, a turning away from sin and seeking a closer relationship with the Father.

For many people, Lent is a time to give up something pleasurable or do an extra act of charity or personal discipline. But it's so much more than that! Lent reminds us not to be ruled by the desires of our physical senses, living according to our flesh, but to master those things which contradict our faith and to live according to the Spirit, that Jesus may allow Christ to live more fully in and through us. As the apostle Paul reminds us in his letter to Galatians

"For you were called for freedom, brothers. But do not use this freedom as an opportunity for the flesh; rather, serve one another through love . . . I say, then: live by the Spirit and you will certainly not gratify the desire of the flesh." *Gal 5:13, 16*

The austerity of disciplining our flesh is reflected in our liturgical celebrations by sombre purple vestments and decorations and by not proclaiming the Alleluia before the Gospel. This solemn tone heightens our anticipation as we look forward to the bright and joyous celebration of Easter. The traditional disciplines of Lent are prayer, fasting and sacrificial giving. Increased attention to prayer draws us closer to God. Fasting is a reminder that our physical satisfaction isn't our highest value, and the act of sacrificing something of ourselves for the good of others reminds us of how God gave sacrificially of himself to us.

This year the Bishop's Lent call takes Jesus' words found in John's gospel

"That you might have life in all its fullness..."

Jesus' words dare us to access our spiritual lives, to come honestly and boldly before God in humble repentance and to press in for those things that will truly cause us to experience life. The passage begins by reminding us that our enemy the devil is a very real threat, that he comes to steal, kill and destroy.

The story is told of an artist who sculpted a beautiful angel and wanted the master artist, Michelangelo, to inspect it and offer his opinion. So Michelangelo was called in. The master artist carefully looked at the sculpture from every angle.

Finally, he said, "Well, it lacks only one thing." Then he turned around and walked out.

The artist didn't know what it lacked, and he was embarrassed to go and ask Michelangelo. So he sent a friend to Michelangelo's studio to try and find out what his statue lacked.

The great artist replied, "It lacks only life."

As we embark on this journey together I pray that you may truly discover the life of Christ afresh, and that those places where we lack life we might truly find it in his presence.
May God bless you and your walk with our Lord this Lent.

Ff. Grant

Notes & Reflection's

Daily Bible Readings through Lent

Thursday, March 7, 2019: Psalm 91:1-2, 9-16; Exodus 5:10-23; Acts 7:30-34
Friday, March 8, 2019: Psalm 91:1-2, 9-16; Exodus 6:1-13; Acts 7:35-42
Saturday, March 9, 2019: Psalm 91:1-2, 9-16; Ecclesiastes 3:1-8; John 12:27-36
Monday, March 11, 2019: Psalm 17; 1 Chronicles 21:1-17; 1 John 2:1-6
Tuesday, March 12, 2019: Psalm 17; Zechariah 3:1-10; 2 Peter 2:4-21
Wednesday, March 13, 2019: Psalm 17; Job 1:1-22; Luke 21:34-22:6
Thursday, March 14, 2019: Psalm 27; Genesis 13:1-7, 14-18; Philippians 3:2-12
Friday, March 15, 2019: Psalm 27; Genesis 14:17-24; Philippians 3:17-20
Saturday, March 16, 2019: Psalm 27; Psalm 118:26-29; Matthew 23:37-39
Monday, March 18, 2019: Psalm 105:1-42; Exodus 33:1-6; Romans 4:1-12
Tuesday, March 19, 2019: Psalm 105:1-42; Numbers 14:10b-24; 1 Corinthians 10:1-13
Wednesday, March 20, 2019: Psalm 105:1-42; 2 Chronicles 20:1-22; Luke 13:22-31
Thursday, March 21, 2019: Psalm 63:1-8; Daniel 3:19-30; Revelation 2:8-11
Friday, March 22, 2019: Psalm 63:1-8; Daniel 12:1-4; Revelation 3:1-6
Saturday, March 23, 2019: Psalm 63:1-8; Isaiah 5:1-7; Luke 6:43-45
Monday, March 25, 2019: Psalm 39; Jeremiah 11:1-17; Romans 2:1-11
Tuesday, March 26, 2019: Psalm 39; Ezekiel 17:1-10; Romans 2:12-16
Wednesday, March 27, 2019: Psalm 39; Numbers 13:17-27; Luke 13:18-21
Thursday, March 28, 2019: Psalm 32; Joshua 4:1-13; 2 Corinthians 4:16-5:5
Friday, March 29, 2019: Psalm 32; Joshua 4:14-24; 2 Corinthians 5:6-15
Saturday, March 30, 2019: Psalm 32; Exodus 32:7-14; Luke 15:1-10
Monday, April 1, 2019: Psalm 53; Leviticus 23:26-41; Revelation 19:1-8
Tuesday, April 2, 2019: Psalm 53; Leviticus 25:1-19; Revelation 19:9-10
Wednesday, April 3, 2019: Psalm 53; 2 Kings 4:1-7; Luke 9:10-17
Thursday, April 4, 2019: Psalm 126; Isaiah 43:1-7; Philippians 2:19-24
Friday, April 5, 2019: Psalm 126; Isaiah 43:8-15; Philippians 2:25-3:1
Saturday, April 6, 2019: Psalm 126; Exodus 12:21-27; John 11:45-57
Monday, April 8, 2019: Psalm 20; Exodus 40:1-15; Hebrews 10:19-25
Tuesday, April 9, 2019: Psalm 20; Judges 9:7-15; 1 John 2:18-28
Wednesday, April 10, 2019: Psalm 20; Habakkuk 3:2-15; Luke 18:31-34
Thursday, April 11, 2019: Psalm 31:9-16; Isaiah 53:10-12; Hebrews 2:1-9
Friday, April 12, 2019: Psalm 31:9-16; Isaiah 54:9-10; Hebrews 2:10-18
Saturday, April 13, 2019: Psalm 31:9-16; Leviticus 23:1-8; Luke 22:1-13

Jesus said, "Deny yourself, take up your cross and follow me"

Stations of the Cross

In the Old City of Jerusalem is the 'Via Dolorosa' or Way of Sorrows. It is the journey our Lord travelled on his way to the cross. As part of your Lenten Journey why not join us at St Mary's as we walk through the final hours of Jesus' life through words, images, silence and film.



Walking the Prayer Labyrinth

Come and join us as we travel through Lent & Holy Week using the Prayer Labyrinth, an ancient way of praying and reflecting on our spiritual journey. There are also interactive prayer stations to help us think.

Refreshments are also available throughout the evening

Midweek Eucharist followed by a Lent Lunch

Why not join us on Tuesdays in Lent for the 11am Eucharist followed by a shared lunch?

Cost - £5 Profits will be donated to the Bishop's Lent Appeal.





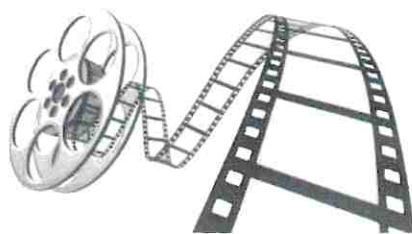
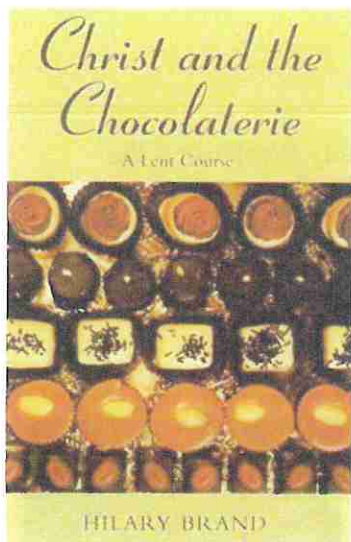
Mothering Sunday

Come and join us for one of our Mothering Sunday Services on the 31st March

9:45am St Mary's
Sanderstead

11:15am St James
Riddlesdown

2019 Lent Course



Film Night

Why not join us Wednesday evenings in Lent as we watch a different film.

7.30pm @ St Mary's.
Bring your own drinks
Popcorn provided!

Film details will be advertised in the weekly pew sheet which is available on our websites

www.stmarysanderstead.org.uk
www.stjamesridlesdown.org

This year's Lent course uses clips from the film 'Chocolat' Thursday's @ 11am in the Family Room at St Mary's

Holy Saturday



As the sun sets on Holy Saturday, Christians across the world gather to hear the story of God's rescue, the story that begins in the Garden of Eden and culminates in the empty tomb. Come and join us as we hear this story afresh in the liturgy of the Easter fire, and the first Eucharist of Easter.

Easter Saturday 8pm at St Mary's.
Refreshments to follow

Easter Sunday

9:45am St Mary's & 11:15am St James

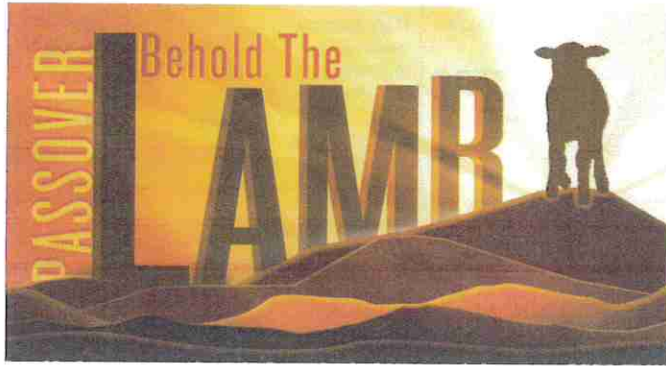
Join us for the great celebration of the risen Christ with the Renewal of our Baptismal Vows, and an Easter egg hunt for the children following the service.



He is not here, He is Risen!

Maundy Thursday

The Passover was celebrated to remind the children of Israel of God's rescue. In the Eucharist, first celebrated in the Passover Meal with Jesus and his disciples, we too celebrate God's rescue of humanity.



Come and share this meal in St Mary's church hall on Maundy Thursday at 6pm and then join us for the Maundy Thursday Liturgy in the church at 8pm.



Good Friday

10am Messy Church
@ St James Riddlesdown

12 Noon - Stations of the Cross
@ St Mary's

1.30pm - Good Friday solemn liturgy of the day
@ St James' & St Mary's

Celtic Eucharist



An opportunity to take some time to listen to God in quiet reflection.

Second Sunday of each month at 6.30pm St Mary's



Holy Week



Daily Morning Prayer & Eucharist

Most of us lead busy and often noisy lives. Join us in Holy week at St Mary's as we begin the day with Morning Prayer and Holy Communion.

(See calendar for details)



Join us at 10am on Good Friday at St. James Riddlesdown for craft food, fellowship and worship
it's a service for all the family!

LENT/EASTER 2019

March

SJ - St. James' Riddledown
 MP - Morning Prayer (Common worship)
 EP - Evening Prayer (Common worship)

On Sunday mornings a Eucharist is celebrated at both churches

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Sunday Before Lent 8.30am SJ M 9:45am SJ M 6pm CHROME			ASH WEDNESDAY 10am Eucharist @ St James 8pm Eucharist @ St Mary's	10am Eucharist @ ST M 6pm EP @ST M	8	9
1st Sunday of Lent 9.45am ST M 11:15am ST J 6.30pm ST M		9.30am MP @ St James' 11am Eucharist followed by Lent lunch @ St Mary's 6pm EP @ST M 8pm ST M PCC		10am Eucharist @ ST M 11am Lent Course begins @ ST M 6pm EP @ST M	15	16
2nd Sunday of Lent 8.30am ST M 9:45am ST M 11:15am ST J 6pm CHROME		9.30am MP @ St James' 11am Eucharist followed by Lent lunch @ St Mary's 6pm EP @ST M		10am Eucharist @ ST M 11am Lent Course@ ST M 6pm EP @ STM	22	23
3rd Sunday of Lent 9.45am ST M 11:15am ST J		9.30am MP @ St James' 11am Eucharist followed by Lent lunch @ St Mary's 6pm EP @ ST M	7.30pm Film Night @ ST M	10am Eucharist @ ST M 11am Lent Course@ ST M 6pm EP @ST M	29	30
MOTHERING SUNDAY 9:45am ST M 11:15am ST J 6.30pm CHORAL EVENSONG						

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9.30am MP @ St James' 11am Eucharist followed by Lent lunch @ St Mary's 6pm EP @ ST M		10am Eucharist @ ST M 11am Lent Course@ ST M 6pm EP @ ST M		
5th Sunday of Lent 8.30am ST M 9:45am ST M ST M APCM 11:15am ST J 6pm CHROME		9.30am MP @ St James' 11am Eucharist followed by Lent lunch @ St Mary's 6pm EP @ ST M		10am Eucharist @ ST M 11am Lent Course@ ST M 6pm EP @ ST M		
PALM SUNDAY 9:45am ST M 11:15am ST J ST J APCM 6.30pm CELTIC Eucharist @ ST M	HOLY WEEK 9.30am MP followed by Eucharist @ St Mary's 6pm EP @ ST M	HOLY WEEK 11am Stations of the cross followed by Lunch 6pm EP @ ST M	HOLY WEEK 9.30am MP followed by Eucharist @ St Mary's 6pm EP @ ST M	MAUNDY THURSDAY 10am Eucharist ST J 6pm Seder Meal @ ST M 8pm Institution of the Lords Supper @ ST M	GOOD FRIDAY 10am Messy Church @ St J 12 noon Stations of the Cross @ ST M 1.30pm Liturgy of the day at both churches	HOLY SATURDAY 8pm Service of light and the first Eucharist of Easter followed by light refreshments
EASTER SUNDAY 9:45am ST M 11:15am ST J				10am Eucharist @ ST M		
1st Sunday of Easter 9.45am ST M 11.15am ST J 6.30pm Choral Evensong ST M		9.30am MP @ St James' 6pm EP ST M				